

DEVELOPING DRAMA SKILLS



Activity 1

USE YOUR TEXTBOOK TO COMPLETE THE FOLLOWING QUESTIONS.

1. Explain ONE example of the following exercises:

1.1 Physical and vocal warm up (page 77)

.....
.....
.....
.....

1.2 Correct posture (page 77)

.....
.....
.....
.....

1.3 Relaxation (page 77)

.....
.....
.....

1.4 Breath control (page 78)

.....
.....

1.5 Facial muscle warm up

.....
.....

After explaining each exercise, you can physically do each one of them by yourself.



ACT IT OUT! Activity 2

Act the following emotions out to yourself by using your **body as an instrument**. Don't use any words or dialogue.

- Joy
- Sorrow
- Anger

Activity 3

Create a character through mood and movement

1. Choose a character, for example: an old man or woman, a young child, a teenager, a model, king or queen, a doctor or nurse, an actor or the CEO of a big company.
2. Think about your character's mood, for example, happy, sad or angry. Explore ways how you can express the character and his mood, through movement, in such a way that will show to your audience who and what your character is without having to tell that to your audience.

If your character is a furious consumer complaining about bad service, think of ways how you will express that to the audience. If your character is a grumpy boss, walk in such a way that will show to the audience that you are important.

3. Make sure that your whole body and face express the character's emotions and what he or she is feeling.

Activity 4

USE YOUR TEXTBOOK TO COMPLETE THE FOLLOWING QUESTIONS.

1. Explain ONE example of the following exercises:

- 1.1 Breath control (page 104)

.....
.....
.....

- 1.2 Articulation (page 105)

.....
.....

After explaining each exercise, you can physically do each one of them by yourself.